

<u>Race Pos</u>	<u>Race No</u>	<u>Name</u>	<u>Surname</u>	<u>Team</u>	<u>Gender</u>	<u>Age</u>	<u>Chip Time</u>	<u>Gender Pos</u>	<u>Race</u>
1	218	Carl	French		M	29	36:51.2	1	10k
2	241	Axel	Manzano	Good Gym	M	24	36:53.2	2	10k
3	216	David	Edwards		M	32	39:51.2	3	10k
4	231	Douglas	Hobson	St. Albans Striders	M	27	39:56.3	4	10k
5	279	Darren	Read		M	40	44:20.4	5	10k
6	269	Jamie	Xavier	East London Runners	M	40	45:03.5	6	10k
7	213	Helen	Couchman		F	29	45:49.6	1	10k
8	214	Julio	De Mora	Bloomberg	M	33	46:25.5	7	10k
9	251	Rahul	Nagar	Bloomberg	M	32	47:07.2	8	10k
10	233	Christopher	Hudson		M	23	48:01.9	9	10k
11	235	Kirsty	Ions	None	F	39	48:18.1	2	10k
12	219	Kateryna	Frolova-Fox		F	23	49:11.5	3	10k
13	232	David	Holcroft		M	27	49:18.1	10	10k
14	224	Jessica	Giraldo	Bloomberg	F	33	49:30.3	4	10k
15	212	Andi	Cook		F	33	49:31.5	5	10k
16	242	Patrick	Martin		M	59	49:40.6	11	10k
17	230	Claire	Hobson	St. Albans Striders	F	26	50:22.2	6	10k
18	243	Jessica	Maycock		F	25	50:26.9	7	10k
19	249	Steven	Moreno	Bloomberg	M	33	50:27.6	12	10k
20	275	Asif	Ghafoor		M	45	50:39.7	13	10k
21	239	Tom	Lennon		M	52	51:06.9	14	10k
22	221	Casper	Gasper		M	42	51:07.7	15	10k

23	210	Nathan	Brown		M	31	51:29.4	16	10k
24	222	Jessica	Gibbs		F	25	52:02.8	8	10k
25	256	Michael	Rigby		M	25	52:07.0	17	10k
26	263	Neil	Thomson		M	41	52:08.4	18	10k
27	223	Laura	Gilbert		F	31	52:10.2	9	10k
28	277	Emma	uawcoch		F	35	52:15.1	10	10k
29	278	Ian	Hall		M	63	52:25.5	19	10k
30	244	Chris	Merrett		M	25	52:49.0	20	10k
31	207	Maayan	Bierlich		F	33	53:03.6	11	10k
32	276	Jeroen	Breejen		M	34	53:37.3	21	10k
33	250	Bruce	Moxham		M	48	53:45.2	22	10k
35	261	William	Stokes		M	27	54:20.2	23	10k
34	237	Natalie	King		F	27	54:20.2	12	10k
36	268	Kaitlyn	Whitley		F	28	55:21.2	13	10k
37	252	Deirdre	O'Connor	Clapham pioneers	F	33	55:28.1	14	10k
38	211	Nadia	Candrea		F	28	55:31.1	15	10k
39	257	Paul	Robinson		M	40	55:35.3	24	10k
40	254	Stefan	Papageorgiadis	Bloomberg	M	35	56:05.7	25	10k
41	203	Alice	Amara		F	29	56:07.7	16	10k
42	205	Richard	Andrews		M	29	56:08.5	26	10k
43	266	Daniela	Vasquez	Bloomberg	F	28	56:20.1	17	10k
44	234	Steven	Hunter		M	35	56:23.9	27	10k
45	209	Chris	Bracegirdle		M	32	56:39.4	28	10k

46	202	Miguel	Alonso	Clapham Chasers	M	31	57:10.0	29	10k
47	270	Valeria	Zanier		F	45	57:40.1	18	10k
48	248	John	Mole		M	36	58:55.9	30	10k
49	227	Abbie	Hancock		F	27	59:11.4	19	10k
50	240	Rita	Machado		M	29	59:33.1	31	10k
51	274	Izzy	McDougall		F	18	59:57.2	20	10k
52	264	Duncan Ian	Trowsdale		M	49	1:02:54.4	32	10k
53	238	Catherine	Lennon		F	52	1:03:54.1	21	10k
54	258	Nadia	Samuels		F	38	1:04:26.6	22	10k
55	201	Chi-Chi	Agu		F	29	1:04:48.8	23	10k
56	220	Kerry	Gaffney		F	40	1:05:29.1	24	10k
57	271	Helen	Childs		F	40	1:07:43.0	25	10k
58	206	Peter	Barker		M	35	1:07:49.8	33	10k
59	226	Danielle	Glassey		F	24	1:08:56.6	26	10k
60	247	Nabilah Husna	Mohd Fuad		F	23	1:09:59.4	27	10k
61	259	Siti Nur Amira	shaffee		F	28	1:09:59.8	28	10k
62	272	Emma	Nicholls		F	34	1:10:35.9	29	10k