

<u>Pos</u>	<u>Race No</u>	<u>Name</u>	<u>Surname</u>	<u>Team/Club</u>	<u>Gender</u>	<u>Age</u>	<u>Chip Time</u>	<u>Gender Pos</u>	<u>Race</u>
1	228	Colin	Overton	Ealing Eagles Running Club	M	37	37:52.9	1	10k
2	460	Sammy	Hayman		M	27	38:18.1	2	10k
3	314	Ronan	Hoare	mornington chasers	M	31	38:53.7	3	10k
4	328	Stephen	Fenn		M	29	40:18.6	4	10k
5	262	Jason	Jones		M	40	40:59.0	5	10k
6	258	Isabel	Clark		F	30	41:05.3	1	10k
7	311	Richard	Cousins		M	26	41:06.2	6	10k
8	324	Simon	Small	One Element	M	44	41:49.7	7	10k
9	206	Alec	Doran		M	25	42:34.8	8	10k
10	255	Haysom	Sam		M	27	42:34.9	9	10k
11	317	Ryan	Jones		M	28	44:09.5	10	10k
12	302	Nick	Rice	A bit of fit	M	32	45:12.8	11	10k
13	238	David	Walker		M	37	45:34.9	12	10k
14	313	Robert	Mellor		M	36	46:24.0	13	10k
15	260	James	Coleman		M	27	46:27.0	14	10k
16	271	Juergen	Pauli		M	38	46:35.3	15	10k
17	469	Helen	Couchman		F	**	46:36.9	2	10k

18	230	Dan	Hallam	Herne Hill Harriers	M	38	46:37.2	16	10k
19	224	Chris	Worley		M	29	46:37.9	17	10k
20	209	Alwin	de Lijster		M	40	46:46.5	18	10k
21	299	Nathan	Brown		M	33	46:55.4	19	10k
22	234	Dave	Lamb		M	33	46:56.3	20	10k
23	205	Ajit	Sathianathan		M	32	47:16.7	21	10k
24	331	Susan	Mcdonald	windrush	F	31	47:20.0	3	10k
25	464	Rory	Marshall		M	28	47:31.5	22	10k
26	330	Steven	Clark		M	37	47:32.1	23	10k
27	283	Liina	Buckingham		F	39	47:39.3	4	10k
28	236	David	Brecknock		M	46	47:44.3	24	10k
29	222	che hang	yi		M	38	47:45.1	25	10k
30	455	Alfonso	Montilla		M	34	47:46.3	26	10k
31	237	David	Hennes		M	45	47:48.8	27	10k
32	275	Katie	Samuel		F	43	48:04.4	5	10k
33	250	Francesco	Maccioni		M	38	48:10.9	28	10k
34	461	Camilla	Brassey		F	37	48:17.5	6	10k
35	321	Scott	Bemment		M	42	48:19.7	29	10k

36	459	Charles	Platt		M	46	48:23.1	30	10k
37	231	dan	barrett		M	32	48:56.9	31	10k
38	263	Jeremy	Capps		M	42	49:39.7	32	10k
39	468	Lotfi	Ben Lazrak		M	40	49:45.8	33	10k
40	218	Casper	Gasper		M	42	49:48.2	34	10k
41	232	Danica	Smith		F	29	49:58.3	7	10k
42	326	Ste	Buxton		M	31	49:59.4	35	10k
43	211	Amelie	Von Celsing		F	31	50:00.3	8	10k
44	300	NED	BARKER		F	32	50:06.2	9	10k
45	268	John	Wade		M	38	50:11.4	36	10k
46	289	Luke	Elliott		M	29	50:12.9	37	10k
47	319	Samuel	Pun		M	32	50:25.6	38	10k
48	333	Tim	Jones	Dulwich runners	M	53	50:35.8	39	10k
49	246	erica	sample		F	38	50:42.0	10	10k
50	225	Christopher	Gresham		M	33	50:47.5	40	10k
51	210	Ameet	Jugnauth		M	35	51:01.4	41	10k
52	251	Gari	Sparling		M	53	51:26.5	42	10k
53	335	Tom	Dark		M	33	51:33.2	43	10k

54	325	Simon	Blake		M	42	51:34.2	44	10k
55	338	Udo	Frankovsky		M	55	51:42.1	45	10k
56	463	Ben	Balaan-Reed		M	36	51:46.9	46	10k
57	452	Kaijia	Gu		F	37	51:55.3	11	10k
58	248	Felix	Fellmann		M	34	51:58.3	47	10k
59	241	Eleanor	Pallot		F	26	52:00.7	12	10k
60	259	IZZY	MCDOUGALL		F	18	52:10.2	13	10k
61	256	Heather	Binney	Clapham pioneers	F	54	52:12.3	14	10k
62	280	Leigh	Rous	A bit of fit	M	37	52:15.2	48	10k
63	220	Charles	Hollingworth		M	30	52:27.0	49	10k
64	213	Aphisate	Jaroenhasemmeesuk		M	25	52:33.8	50	10k
65	291	Marcin	Wiszniewski	Marcin Wiszniewski	M	43	52:37.0	51	10k
66	212	Andi	Cook		F	33	52:46.7	15	10k
67	451	William	Iwanski		M	0	53:24.3	52	10k
68	244	Emma	Joseph		F	31	53:45.5	16	10k
69	458	Leighton	O'Brien		M	55	53:50.1	53	10k
70	270	John	Murawski		F	35	54:27.6	17	10k
71	334	Tim	Briggs		M	27	54:35.4	54	10k

72	266	Joanna	Smith	F	30	54:58.4	18	10k
73	229	Dan	Lewis	M	29	55:11.0	55	10k
74	323	Simeon	Williamson	M	46	55:19.5	56	10k
75	466	Frank	Gordon	M	33	55:19.7	57	10k
76	252	Gemma	Kent	F	27	55:30.8	19	10k
77	278	Kristina	Cernakevica	F	26	55:46.3	20	10k
78	467	Nathan	Perry	M	0	56:02.9	58	10k
79	204	Aimee	Cook	F	29	56:14.3	21	10k
80	454	Casper	Gasper	M	0	56:22.1	59	10k
81	329	Stephen	Kelly	M	54	56:24.4	60	10k
82	318	Samir	Konnur	M	40	56:24.6	61	10k
83	294	Martin	Dawson	M	40	56:34.6	62	10k
84	301	Neil	Thomson	M	41	56:37.7	63	10k
85	322	Sheena	Kappala-Ramsamy	F	27	57:28.0	22	10k
86	462	Jason	Pegh	M	46	57:47.1	64	10k
87	453	Juliet	Nyiramutera	F	39	58:20.9	23	10k
88	269	John	Moore	M	57	58:40.0	65	10k
89	305	Otega	Sodje	M	51	58:41.0	66	10k

90	320	sarah	brewer		F	32	59:06.3	24	10k
91	273	Karen	Klomp		F	35	59:13.2	25	10k
92	245	Emma	Gibson	Serpentine	F	39	59:26.8	26	10k
93	327	Steph	Pitman	A bit of fit	F	32	59:32.0	27	10k
94	332	Tiiu	Kulli		F	32	59:35.4	28	10k
95	257	Ilaria	del Beato		F	49	59:36.6	29	10k
96	202	Abigail	Jones		F	37	59:40.6	30	10k
97	227	Clare	Thomson		F	31	59:43.6	31	10k
98	465	Ranjith	Ram		M	32	59:47.9	67	10k
99	276	Kaya	Smith		F	29	1:00:05.5	32	10k
100	221	Chawannat	Jaroenkhasemeesuk		M	30	1:00:17.2	68	10k
101	274	Katie	Lucas		F	27	1:00:21.1	33	10k
102	457	Raymond	Lindsay		M	63	1:00:37.4	69	10k
103	216	Brian	Owens		M	47	1:01:08.2	70	10k
104	208	Alicia	O'Neill		F	46	1:01:08.7	34	10k
105	267	John	Mole		M	36	1:01:16.9	71	10k
106	201	Abbey	Hallberg		M	29	1:01:47.6	72	10k
107	295	Mary	Hawkins		F	31	1:01:48.6	35	10k

108	285	Liz	Goulding		F	32	1:01:50.1	36	10k
109	214	Barry	Sullivan		M	42	1:02:07.2	73	10k
110	290	Lynsey	Rous	A bit of fit	F	40	1:02:41.4	37	10k
111	339	Vicki	Murawski		F	33	1:03:24.5	38	10k
112	253	Gill	Gresty		F	38	1:03:34.7	39	10k
113	272	Karen	O'Connor		F	39	1:03:35.1	40	10k
114	277	Kelly	Abraham		F	28	1:03:46.2	41	10k
115	108	Dagmar	Frankovsky		F	60	1:04:00.3	42	10k
116	226	Claire	Tipler		F	33	1:04:40.6	43	10k
117	203	Ailbhe	Clyne		F	32	1:04:56.3	44	10k
118	207	Alice	Wilkey		F	27	1:06:03.6	45	10k
119	242	Emily	van Lierop		F	32	1:06:07.0	46	10k
120	239	Duncan Ian	Trowsdale		M	49	1:07:15.4	74	10k
121	456	Celine	Fitzmaurice		F	40	1:07:29.9	47	10k
122	249	Francesca	Hodgson		F	26	1:07:47.5	48	10k
123	312	Rob	South		M	29	1:07:48.0	75	10k
124	281	lesley	gower	Ealing Eagles Running Club	F	64	1:09:50.2	49	10k
125	293	martin	pilkington		M	56	1:10:04.8	76	10k

126	215	Ben	Jones		M	37	1:10:16.5	77	10k
127	340	Victoria	Parker		F	33	1:10:35.7	50	10k
128	261	Janet	Winterbourne		F	67	1:10:52.5	51	10k
129	471	Anatoliy	Konyakhin	5k	M	38	1:12:13.4	78	10k
130	470	Gregory	Konyakhin		M	6	1:12:14.3	79	10k